

SUMMARY: Masterclass on SALAAM

URL: [SALAAM: the Meaning—a Masterclass by Ramala Hubb'Allah](https://www.youtube.com/watch?v=jJGHMJUlotw)
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This masterclass by *Ramala Hubb'Allah* serves as an introduction to the concept of **Salaam** as both a spiritual name of God and a foundational practice for human interaction and healing.

Key Themes of the Masterclass:

- **Overcoming Negativity:** The creator emphasizes the necessity of shifting one's psyche from being overwhelmed by "negative stories" toward mastery and positive engagement. She suggests using the 99 names of God as a tool for healing and restoring one's internal state (0:50 - 6:40).
- **Human Connectivity:** A major theme is the concept of "being each other's medicine." The creator argues that society often lacks the communal awareness to support one another, stressing that individuals are responsible for their neighbors (up to 40 houses in either direction in the Islamic tradition) to ensure safety and well-being (29:10 - 55:00).
- **Intentional Communication:** The creator discusses the importance of being mindful and "present" when interacting with others online and in person, advocating against the spread of trauma or hostility (43:20 - 53:00).
- **The "Salaam Matrix":** The talk introduces the creator's upcoming thematic tool, the *Salaam Matrix*, intended to help leaders and individuals map human activity and make integral decisions (1:01:28 - 1:02:40).

Meaning of "Salaam":

Beyond the traditional translation of "peace," *Ramala Hubb'Allah* unpacks the Arabic root **S-L-M** to explain the deeper significance of the greeting *Assalamu alaykum*:

- **Wholeness and Integration:** The root refers to being "whole," "integrated," and "collected" (18:22 - 20:55).
- **State of Being:** When saying the greeting, the intent is to wish for the other person to be present, intact, uninjured, and healed (22:00 - 22:45).
- **Presence:** It is a call for all parts of a person's being—and even the community at large—to come together, be fully present, and exist in a state without hostile "penetrations" or damage (38:42 - 40:50).
- **A Multi-Step Process:** The creator explains that *Salaam* is the foundational step (wholeness), followed by *Rahmah* (mercy), and *Barakah* (abundance/growth). She warns that one should not seek abundance before first achieving wholeness and mercy, as this could lead to the propagation of "harmful" or "unhealed" energy (41:20 - 43:30).

This version of the summary document has been created: September 27, 2026.

Summary is by Gemini AI, extracted from video transcript. Timestamps refer to the video.

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Additional: What is the Salaam Matrix?

The **Salaam Matrix** is a conceptual tool developed by *Ramala Hubb'Allah* to help individuals map and analyze human activity. It is designed to act as an aid for **decision-making** and **integral thinking**.

Key features of the matrix include:

- **Visual Framework:** It provides an easy-to-understand template that helps users see the "bigger picture" of the business of being human at a glance.
- **Versatility:** The tool is intended for a wide range of users, including **business, community, and political leaders**.
- **Practical Applications:** It can be used for various purposes such as mapping human activity, forecasting, and assisting with **policy and product development**. According to the creator, this matrix helps bring human activity into a clear, manageable perspective using the thematic principles associated with the concept of *Salaam*.

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by Ramala Hubb'Allah

Ramala Hubb'Allah is a teacher, systems architect and orientation guide based in the Pakistani Himalayas. The Salaam Matrix is a tool created by Ramala Hubb'Allah.

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